

Is It A Cold or Influenza?

Symptom

Cold

Influenza

Fever

Rare

Usual; (100° F - 102° F);
occasionally higher, lasts 3-4 days

Headache

Rare

Common

General aches, pains

Slight

Usual; often severe

Fatigue, weakness

Sometimes

Usual; can last up to 2-3 weeks

Extreme exhaustion

Never

Usual; at the start of the illness

Stuffy nose

Common

Sometimes

Sneezing

Usual

Sometimes

Sore throat

Common

Sometimes

Chest discomfort, cough

Mild to moderate;
hacking cough

Common; can become severe